



A FREE WORKSHOP FOR FIBROMYALGIA

DATE: 10TH JANUARY 2019

TIME: 10AM

LOCATION:

**ELLENBROOK LIFE
BALANCE**

37 MORNINGTON

**PARKWAY, ELLENBROOK
WA 6069**

It is estimated that fibromyalgia affects nearly 6 million or 1 in 50 people, causing chronic pain, particularly muscle pain, fatigue, sleep disturbances, brain fog, or cognitive impairment, depression and painful tender points throughout the body.

Not surprisingly, conventional medicine focuses only on managing symptoms through pain medications and antidepressants.

Our approach at Ellenbrook Life Balance, looks to find the root cause of fibromyalgia and other chronic diseases, treating the problem at the root level in order to restore the patient to health.

Hosts:

Nadine Amery - Founder of Reset Movement

Kelly Weston - Nutritionist.



There are limited spaces for this event so please reserve yours by booking
Online www.ellenbrooklifebalance.com.au or by calling 6296 6597