



CLEANSING & RELEASING TOXINS NATURALLY

WITH NUTRITIONIST KELLY WESTON & TASH
BURNS FROM DAILY DROPS WITH TASH

DATE: 19/01/19

TIME: 1:30PM

LOCATION:

ELLENBROOK LIFE BALANCE
37 MORNINGTON PARKWAY,
ELLENBROOK WA 6069

\$10

You will be apart of an interactive demonstrations of DIY products including Deodorant Balm and you will take home a goodie bag with recipes included from the demonstrations on the day.

What you can detox? Your diet, your home, your clothing, personal care products, your armpits and the list really goes on!!!

Detoxing originates in medical science: we are exposed to dozens of different environmental toxins on any given day, thanks to things like industrial pollution, the food we eat, the cleaning products we use in our homes, and, yes, the beauty products we apply to our bodies.

These toxins are stored in the tissues and cells of our body (including our brains!), sometimes for years, and can have a devastating effect on our metabolism, behaviour, and immune system, (may lead to diseases like cancer). Flushing toxins from our bodies, and can drastically improve our health.

This workshop is designed to help show you how you can detox and cleanse your body naturally and simply.



There are limited spaces for this event so please reserve yours by booking
Online www.ellenbrooklifebalance.com.au